

Plainview-Old Bethpage Middle School

Progressive Developmental Guidance Program

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Mission Statement

- School counselors are professionally trained and New York State certified professionals whose role is to identify and address student needs through the use of a comprehensive school counseling program geared towards student success. Our main goal is to advocate for our students and ensure that they each have a successful middle school experience. We work with students individually, in small groups, and within the classroom setting to support and assist them with their academic, social/emotional, behavioral, and personal development. We also work collaboratively with students, parents, teachers, and other professionals in order to identify and minimize any barriers that stand in the way of student success. In addition, we serve as an important source of information, resources, and referrals.

School-wide Programs

- **MAP- Middle School Advisory Program**
- **KIA- Kids In Action**
- **Hawkeyes**
- **HAWK Program (Helping All With Kindness)**
- **Spirit & Tolerance Week**
- **High School Peer Mentor Program~High School 101**
- **Middle School 101**
- **Transition programs**
- **RESPECT: R-respect**
 - E-everyone**
 - S-show**
 - P-pride**
 - E-exhibit**
 - C-compassion and**
 - T-tolerance**

Individual Counseling

- **Crisis intervention**
- **Conflict resolution**
- **Academic counseling**
- **Career counseling**
- **Decision making skills**
- **Organizational skills**
- **Transition Planning**
- **Mandated Counseling**
- **Mediation**
- **Counseling as needed**



Group Counseling

- **Stress management**
- **Friendship group**
- **Social skills**
- **Bereavement**
- **Changing Families**
- **New student**
- **Relational Aggression**
- **Organization**
- **Study skills**
- **Time management**
- **Decision making**
- **Self esteem**
- **Anger management**

Please note that guidance counseling groups are subject to change based on the specific needs of students within our caseloads

Social and Emotional Learning (SEL)/Classroom Lessons

- Introduction to Guidance Lessons
- Choices and Consequences
- Transition programs
- Our Changing World~Internet Safety
- Sexual Harrassment
- Study Skills, Organizational Skills and Goal Setting
- Tolerance and Acceptance
- Academic Planning and Scheduling
- RESPECT
- High School 101 / Middle School 101
- Career Exploration

Please note that guidance classroom lessons can be individual or small/large group programs. They are tailored to the developmental needs of the grade level .

Articulation and Advocacy

- **CSE-Committee of Special Education Meetings**
- **504 Meetings**
- **408 Meetings**
- **STEPS- School Team Exercising Proactive Strategies**
- **Team Meetings**
- **Parent/Team Meetings**
- **Articulation/Transition Meetings**
- **Guidance Department Meetings**
- **District Wide Guidance Department Meetings**



Parent/Orientation Programs

- **New Student Orientation**
- **Incoming Grade 5 Orientation**
- **Back to School Night**
- **Transition Programs Grades 5-8**
- **Parent/Teacher Conferences**
- **High School 101 / Middle School 101**
- **8th Grade Visitation to the High School**
- **8th Grade Orientation to High School Electives**
- **Orientation Classroom Presentations to upcoming 7th graders**
- **Presentations based upon community upon needs**
 - Past presentations have included:
 - Internet Safety
 - Cyberbullying
 - A Night with John Halligan

Scheduling

- Grade level scheduling
- Individual Student/Parent Meetings (8th grade)
- Input Course Requests
- Course Verifications
- Course Placement Counseling (Self-Selection)
- Class Conflict Resolution
- Balance Classes
- Articulation with Teachers



Community Outreach

- **Newsletters** – provides information on current trends and topics for middle school students and parents (approximately three times a year)
- **Guidance Website** – provides parents with up-to-date information and resources for their middle school children
- **Ongoing Professional Development**
- **Networking**



Timeline

Please note that guidance counseling groups and classroom lessons do not have a set timeline. They are incorporated throughout the course of the school-year and are subject to change based on the specific needs of the students.

September	October	November	December	January
<ul style="list-style-type: none"> • Orientation Programs • Articulation • Back to School Night • Scheduling • New Entrant Groups 	<ul style="list-style-type: none"> • New Entrant Groups • Career Exploration 	<ul style="list-style-type: none"> • Parent/Teacher Conferences • Career Exploration 	<ul style="list-style-type: none"> • Parent/Teacher Conferences • Mentor Program with High School Students 	<ul style="list-style-type: none"> • High School 101 begins • 8th & 9th Grade Parent Transition Meeting • HS Scheduling Process begins
February	March	April	May	June
<ul style="list-style-type: none"> • Parent/Teacher Conferences • Spirit and Tolerance Week • Annual Reviews begin • Parent Orientation for upcoming grades begins • Career Exploration 	<ul style="list-style-type: none"> • High School 101 • 6th & 7th Grade Parent Transition Meeting • Annual Reviews • Scheduling 	<ul style="list-style-type: none"> • Career Exploration • 5th Grade Parent Transition Meeting • NYS testing • Annual Reviews • Scheduling 	<ul style="list-style-type: none"> • Articulation with elementary school teachers re: incoming 5th graders • 504 meetings • Annual Reviews • Scheduling 	<ul style="list-style-type: none"> • High School 101 • Scheduling • Articulation • NYS testing • Annual Reviews